



## Runner R

**Display:**  
 Black & White TN LCD Sunlight Readable.  
 2 Lines 12 Digits (7-Segment).  
 Low Power EL Backlight.

**Pedometer:**  
 Low power accurate 3D accelerometer for step sensor.  
 24/7 step monitor.  
 Step count auto clear to zero at 12:00am everyday automatically.

**Time:**  
 Time with Hour, Minute, Second.  
 Calendar with Weekday, Month, Date.  
 Full auto Calendar from 2018 - 2049.

**Chronograph:**  
 Resolution 1/100 sec for the 1st hour and 1 sec for others.  
 Working range from 0 - 23Hr 59Min 59Sec.  
 Split and Lap time measurement.

**Timer:**  
 Resolution 1 sec.  
 Working range from 0 - 23Hr 59Min 59Sec.  
 Two mode operation: Count Down Stop and Count Down Repeat.  
 Buzzer sound alert when time counts down to zero.

**Alarm:**  
 Daily alarm with alarm hour and minute.  
 Buzzer alert at alarm time everyday if alarm function is on.  
 Hourly chime signal alert every hour if chime function is on.

**Water Resistance:**  
 5 ATM

**Battery:**  
 Lithium Battery CR2032.  
 Battery Life 1.5 Years (Normal usage)



14-186-A



14-186-B



14-186-C



14-186-D



14-186-E



14-186-F

CASE DIMENSION: 45 (mm) X 61 (mm) X13 (mm)

WEIGHT: 40 g



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07-251-A



07-251-B



07-251-C



07-251-D



07-251-E



07-251-F

CASE DIMENSION: 46 (mm) X 52 (mm) X13 (mm)

WEIGHT: 51 g